



BRUSSELS

BELGIUM



GENERAL ORGANISATION: MCO Congrès
Registrations: charlotte.martin@mcocongres.com
Sponsors: aurore.davy@mcocongres.com



www.efas.net



"Thursday 17 October"

08:00	08:00 - 08:30 REGISTRATION	
08:30	08:30 - 08:40 OPENING CEREMONY	AUDITORIUM
08:40	08:40 - 10:00 PLENARY SESSION 1: NEUROFOOT/ANKLE Subtle flexible cavovarus. Severe rigid deformity. The triceps – when/how to lengthen and when not. When to transfer tendons and soft tissue balancing? Charcot-Marie-Tooth. Discussion.	AUDITORIUM
10:00	10:00 - 10:30 COFFEE BREAK, EXHIBITION AND POSTER WALKS	
10:30	10:30 - 11:30 SYMPOSIUM: MOST RELEVANT EFAS PUBLICATIONS (2022-2024) EFAS in depth: our journal, your journal. Trends in publishing papers in foot and ankle surgery. Most relevant 1. Most relevant 2. Most relevant 3. Discussion.	AUDITORIUM
	10:30 - 11:30 SYMPOSIUM: REMOVAL OF METALWORK IN THE FOOT AND ANKLE When and why? Tips and tricks for difficult removals. Any role for bioabsorbable implants? Metal hypersensitivity/allergy. Discussion.	AQUARIUM
11:35	11:35 - 12:30 BSFFAF: BRUSSELS SHORT FILM FOOT AND ANKLE FESTIVAL Videotechnique. Videotechnique. Videotechnique. Videotechnique. Discussion.	AUDITORIUM
	11:35 - 12:30 PAEDIATRIC FOOT AND ANKLE FORUM:	AQUARIUM
12:30	12:30 - 14:15 LUNCH, EXHIBITION, INDUSTRY WORKSHOPS AND POSTER WALKS	EXHIBITION AREA



Thursday 17 October

12:30 - 14:15

POSTER WALKS PRESENTATIONS

Poster Walks presentations (3 mins each + 1 question from evaluators) of best scored posters

Wks 1&2.
Wks 3&4.

14:15

14:15 - 16:15

FREE PAPERS 1 (FP1-10 SLOTS): HALLUX & FOREFOOT

AUDITORIUM

14:15 - 16:15

FREE PAPERS 2 (FP2-12 SLOTS): MIDFOOT & HINDFOOT MODERATORS:

AQUARIUM

16:15

16:15 - 16:45

COFFEE BREAK, EXHIBITION, AND POSTER WALKS

16:20

16:20 - 16:40

POSTER WALKS PRESENTATIONS

Poster Walks presentations (3 mins each + 1 question from evaluators) of best scored posters

Wks 5&6.

16:45

16:45 - 18:10

DISCUSSION FORUM - STRESS FRACTURES AND SPORT

General considerations and how to address.
Any role for conservative treatment?
Second metatarsal.
Calcaneus.
Navicular stress fracture.
Fifth metatarsal.
Discussion.

AUDITORIUM

16:45 - 18:10

DISCUSSION FORUM - MIDFOOT TRAUMA

Navicular displaced fracture.
Cuboid displaced (and comminuted) fracture.
The Jones fracture in the young athlete.
The subtle Lisfranc.
The not-so-subtle Lisfranc - fixation and how.
The comminuted Lisfranc - primary arthrodesis and how.
Discussion.

AQUARIUM

18:15

18:15 - 18:30

ADJOURN AND WELCOME RECEPTION

AUDITORIUM

Friday 18 October

08:00

08:00 - 08:30

PRESIDENTIAL INVITED LECTURE

AUDITORIUM

08:40

08:40 - 10:00



"Friday 18 October"

PLENARY SESSION 2: TIBIAL MALALIGNMENT AFFECTING THE FOOT AND ANKLE

Proximal tibia – varus or valgus knee.
Diaphyseal / torsional deformities.
Supramalleolar – varus/valgus.
Supramalleolar – multiplanar and sagittal plane.
Progressive correction with circular external fixation.
Discussion.

AUDITORIUM

10:00

10:00 - 10:30

COFFEE BREAK, EXHIBITION AND POSTER WALKS

10:10

10:10 - 10:20

POSTER WALKS PRESENTATIONS

Poster Walks presentations (3 mins each + 1 question from evaluators) of best scored posters

Wks 7&8.

10:30

10:30 - 11:30

FOOT AND ANKLE TRAUMA FORUM:

AUDITORIUM

10:30 - 11:30

DIABETIC FOOT AND ANKLE FORUM:

The role of the foot surgeon in diabetic foot care.
Special features and pitfalls in diabetic foot surgery.
Do you really know the Charcot Foot?
Discussion.

AQUARIUM

11:30

11:30 - 13:00

EFAS GENERAL ASSEMBLY

STUDIO

13:00

13:00 - 14:45

LUNCH, EXHIBITION, INDUSTRY WORKSHOPS & POSTER WALKS

EXHIBITION AREA

13:05

13:05 - 14:40

POSTER WALKS PRESENTATIONS

Poster Walks presentations (3 mins each + 1 question from evaluators) of best scored posters

Wks 9&10.
Wks 11&12.

14:45

14:45 - 15:45

FREE PAPERS 3 (FP3-6 SLOTS): ANKLE & SPORTS

AUDITORIUM

14:45 - 15:45

FREE PAPERS 4 (FP4-6 SLOTS): MISCELLANEOUS MODERATORS:

AQUARIUM

15:50

15:50 - 16:45

DISCUSSION FORUM

Evidence for Controversies in Foot and Ankle



"Friday 18 October"

Syndesmot fixation – screw vs flexible.
 Plantar fasciopathy – gastroc lengthening vs proximal plantar fasciotomy.
 Metatarsalgia - plantar plate repair vs isolated osteotomy.
 Ankle lateral instability – Open vs all-inside-arthroscopic.
 Discussion.

AQUARIUM

15:50 - 16:45

DISCUSSION FORUM

State-of-the-art MP1 Arthrodesis Technique

Open approach: Dorsal / Medial.

Dorsal (4 mins)

Medial (4 mins)

Joint preparation: Flat cuts - Ball-cup reamers.

Flat cuts (4 mins)

Ball-cup reamers (4 mins)

Implants: Plate and screws - Staples/crossed screws.

Plate and screws (4 mins)

Staples/crossed screws (4 mins)

Others: All MIS - Postop (weightbearing/return to work-sport).

All MIS (4 mins)

Postop (weightbearing/return to work-sport) (4 mins)

Discussion.

AUDITORIUM

16:45

16:45 - 17:15

COFFEE, EXHIBITION, AND POSTER WALKS

16:45 - 17:15

POSTER WALKS PRESENTATIONS

Poster Walks presentations (3 mins each + 1 question from evaluators) of best scored posters:

Wks 13&14.

17:15

17:15 - 18:30

PLENARY SESSION 3

AOFAS at EFAS - Functional Hallux Limitus/Rigidus

Pathomechanics EFAS Speaker.

Joint preserving surgery – US Speaker.

Arthrodesis – EFAS Speaker.

Arthroplasty/resurfacing (Cartiva) – US Speaker.

Hallux rigidus in the young athlete – US Speaker.

Discussion.

AUDITORIUM

18:30

18:30 - 18:40

ADJOURN

AUDITORIUM

Saturday 19 October

09:00

09:00 - 10:15

PLENARY SESSION 4: DIFFICULT SCENARIOS IN THE ADOLESCENT

Hallux valgus in patient with generalized laxity.

Residual cavovarus after clubfoot.

Equinus gait and metatarsalgia.

Symptomatic Freiberg's disease.

Painful flatfoot collapse with talocalcaneal bony coalition.

Discussion.

AUDITORIUM



"Saturday 19 October"		
10:15	10:15 - 10:45 COFFEE BREAK, EXHIBITION AND POSTER WALKS	
10:45	10:45 - 12:00 BFAS FORUM: TOPIC AND SPEAKERS TO BE DETERMINED BY BFAS	AUDITORIUM
	10:45 - 12:00 EFAS AWARD/FELLOWSHIPS PRESENTATIONS EFAS Research Grant for "Foot & Ankle Arthrosis". EFAS Research Grant for "Foot & Ankle Disorders". EFAS Best Paper Award. EFAS Best Poster Award. EFAS Best Oral Presentation. EFAS Travelling Fellowship Route1. EFAS Travelling Fellowship Route2. EFAS Research Fellowship. EFAS-AOFAS Travelling Fellowship. IFFAS Conference Travelling Award. IFFAS Best Case Paper. Q&A Discussion.	AQUARIUM
12:05	12:05 - 13:25 SYMPOSIUM: IMAGING OF THE FOOT AND ANKLE Weightbearing x-rays – importance and technique. How ultrasound imaging changed my practice? MRI – false positives and negatives. Weightbearing CT – indications and clinical research. SPECT-CT – trending topic and why? Discussion.	AUDITORIUM
	12:05 - 13:25 DIVERSITY FORUM:	AQUARIUM
13:30	13:30 - 13:45 CLOSING CEREMONY	AUDITORIUM
13:45	13:45 - 14:30 LIGHT LUNCH AND ADJOURN	AUDITORIUM